



CANTEEN MENU

YBK Cafe'



- Café Style Raisin toast \$ 2.00
- Honey, jam or vegemite toast \$ 1.50
- Pikelets with jam or honey \$ 1.00
- Banana bread \$ 6.00
- Cheese toastie \$ 4.00
- Ham and Cheese croissant \$ 5.00
- Fresh fruit salad \$ 5.50
- Fruit salad and Greek yoghurt \$ 6.00
- Up&Go \$ 3.70
- Fresh Juices \$ 4.00
- Bircher Muesli \$ 5.50
- Chia Seed pudding \$ 5.00
- Variety of homemade muffins \$ 4.00

Coffee for Staff and senior students

Regular \$3.50, Large \$4.00

Drinks

- Water \$ 2.50
- Sparling Mineral water \$ 3.00
- Glee \$ 3.50
- Aloe Vera \$ 4.70
- Chill iced tea \$ 4.70
- Plain Milk popper \$ 3.00
- OAK Flavoured milk 300ml \$ 3.70
- OAK Flavoured milk 500ml \$ 4.70
- Soy milk popper \$ 3.50
- Up&Go \$ 3.70



OCCASIONAL

- Juice poppers 99% fruit juice 250ml \$ 3.00

YBK Snacks

Everyday

- Seasonal fresh fruit \$ 1.50
- Fresh fruit salad \$ 6.00
- Fruit salad and Greek yoghurt \$ 6.50
- Health pack (carrot, celery, cucumber, ham, cheese and crackers) \$ 4.50
- Cucumber, celery and carrot cups with Hummus \$ 3.50
- Variety of homemade fruit muffins \$ 4.00
- Cheese toastie \$ 4.00
- Pizza bread \$ 3.00
- Cheesy Garlic Scroll \$ 5.50
- Greek Yoghurt cups \$ 3.50
- Greek Yoghurt cups with berries \$ 4.50

OCCASIONAL

- Oven baked hash browns \$ 2.00
- Garlic Bread \$ 2.00
- Popcorn Plain \$ 2.50
- Pirhana Chips \$ 3.00

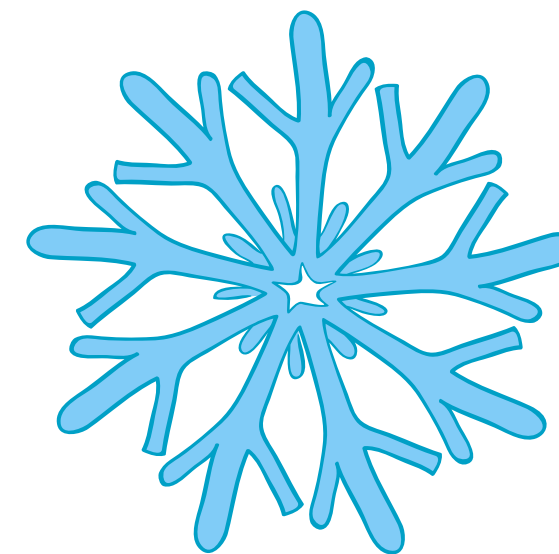
FROZEN

Everyday

- Juicies \$ 2.00
- Juicie Tubes \$ 2.50
- Juice cup \$ 2.50

OCCASIONAL

- Paddlepop \$ 2.50
- Moosies, frozen milk \$ 2.50
- Twisted Yoghurt cups \$ 3.50



Special Diets

GLUTEN FREE

- Homemade Muffins \$ 4.00
- Banana bread \$ 6.00
- Vegie chips (Gluten free) \$ 3.00
- Pasta Bolognaise \$ 7.00
- Homemade fried rice with gluten free soy sauce \$ 6.80 (350g)
- Health pack with gluten free crackers and gluten free Hummus \$ 4.50
- Gluten free burgers \$ 8.50
- Bakehouse Gluten free pie \$ 7.50
- Gluten free sausage roll \$ 6.50

DAIRY FREE

- Soy milk \$ 3.50
- Chia pudding with coconut milk \$ 5.00
- Homemade muffins \$ 4.00

dairy free breads and spreads available





YBK Weekly Meals

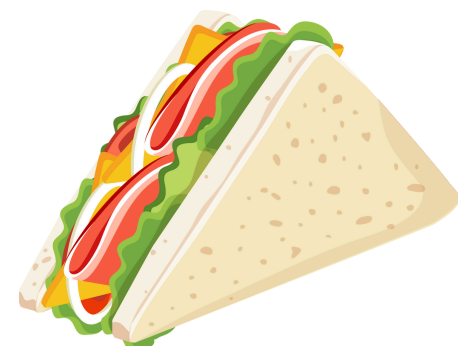
WRAPS / FOCACCIA

- Char grilled chicken breast, lettuce, tomato, cucumber and mayo \$ 8.00
- Tuna, lettuce, tomato and mayo \$ 8.00
- Pulled Beef tomato, cucumber, lettuce and yoghurt) \$ 8.50
- Falafel with mixed salad, tomato, hummus and tzatziki \$ 8.00
- Salad wrap with mixed salad, tomatoes, carrots, cucumber, beetroot and avocado \$ 7.50
- Homemade Chicken schnitzel, avocado, lettuce and mayo \$ 8.50
- Turkey Wrap with avo, roast capsicum, lettuce, mayo and mustard \$ 8.00 **NEW**
- Chicken Caesar wrap \$ 8.50
- Chilli chicken tender with lettuce, tomato mayo and sweet chilli \$ 8.50

EVERYDAY SANDWICHES

white, wholemeal, multigrain, gluten free bread available

- Vegemite or honey \$ 2.50
 - Vegemite and light tasty cheese \$ 4.50
 - Light Tasty Cheese \$ 4.00
 - Chicken, lettuce and mayo \$ 6.00
 - Chicken and salad \$ 6.50
 - Egg and Lettuce \$ 5.50
 - Salad \$ 5.00
 - Tuna and mayo \$ 5.50
 - Tuna and salad \$ 6.50
 - Light Tasty Cheese and tomato \$ 4.50
 - Ham \$ 4.50
 - Ham and tasty cheese \$ 5.50
 - Ham and salad \$ 6.50
 - Cheese and salad \$ 6.50
 - Ham, tasty Cheese and Tomato \$ 6.50
- (extra fillings \$ 0.50, toasted \$ 1.00, Turkish bread \$1.00, GF \$1.00)



Fresh Salads in a bowl

- **Garden** Salad and dressing \$ 6.70
- Grilled chicken and salad \$ 8.20
- Tuna and salad \$ 8.50
- Caesar salad (lettuce, bacon, parmesan and croutons) \$ 7.50 (with chicken \$1.00 extra)

Hot Food

- Pasta Bolognese (pasta with Homemade Bolognese sauce) SM \$ 6.00 LRG \$ 7.00
- Penne with napoletano sauce Veg. SM \$ 5.50 lrg \$ 6.50
- Chicken kebab stick \$ 4.00
- Chicken Kebab on wrap with lettuce and mayo \$ 7.00
- Chicken Burger (chargrilled chicken breast, lettuce, mayo) \$ 8.00
- Beef burger (Beef patty, lettuce, tomato and sauce) \$ 8.00
- Gourmet Beef Burger (with the lot) \$ 8.00
- Vegetarian Burger (potato patty+ lettuce, tomato and mayo) \$ 8.50 *Vegan Option Available*
- Soup of the day \$ 6.00 **(winter only)**

OCCASIONAL

- Ricotta and Spinach Rolls \$ 5.50
- Timbertown meat pie \$ 6.00
- Timbertown Beef potato pie \$ 6.50
- Timbertown sausage roll \$ 5.50

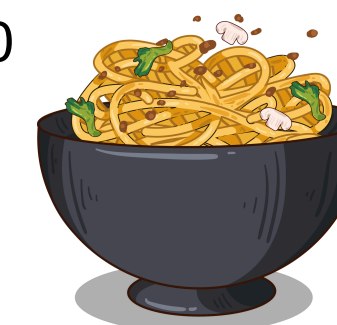
SAUCE SATCHELS 50 CENTS

MONDAY Salads

- Greek Salad with chicken \$ 8.50
- Falafel Salad \$ 8.50
- Pulled Beef salad \$ 8.50

TUESDAY **NEW**

- Japchae Korean noodles (vegetarian) \$ 8.00
- Fried rice with Spicy pork \$ 8.50
- Fried rice with Bulgogi (beef) \$ 8.50



WEDNESDAY

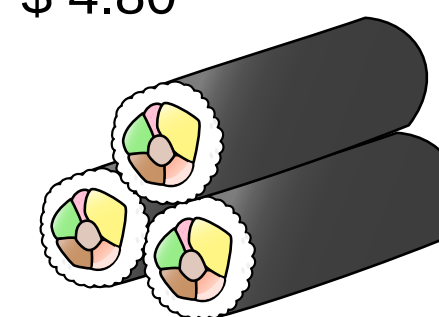
- Butter chicken with rice \$ 8.00

THURSDAY

- Nachos with beef, beans, avo, light sour cream, cheese \$ 7.50 (Vegetarian option available)

FRIDAY

- Sushi Sushi Roll Tuna/Teriyaki Chicken/Vegetarian \$ 4.80
- Sushi Baby Box Tuna or cucumber \$ 4.80
- Rice paper rolls \$ 4.80



*Daily specials may change according to season, weather/school events.